



HIKING TIPS

Along flowering meadows, deep blue streams, wild alpine pastures and untouched wild rock formations: the Dolomites are a real hiking paradise and a highlight for every traveller. Whether you prefer - a leisurely hike or a challenging summit tour - there is something for everyone.

Sas dla Para (Lavinores) 2460 m - 1h 30min - 480m difference in altitude

The excursion to our local mountain takes you almost effortlessly to the most spectacular viewpoints of our area.

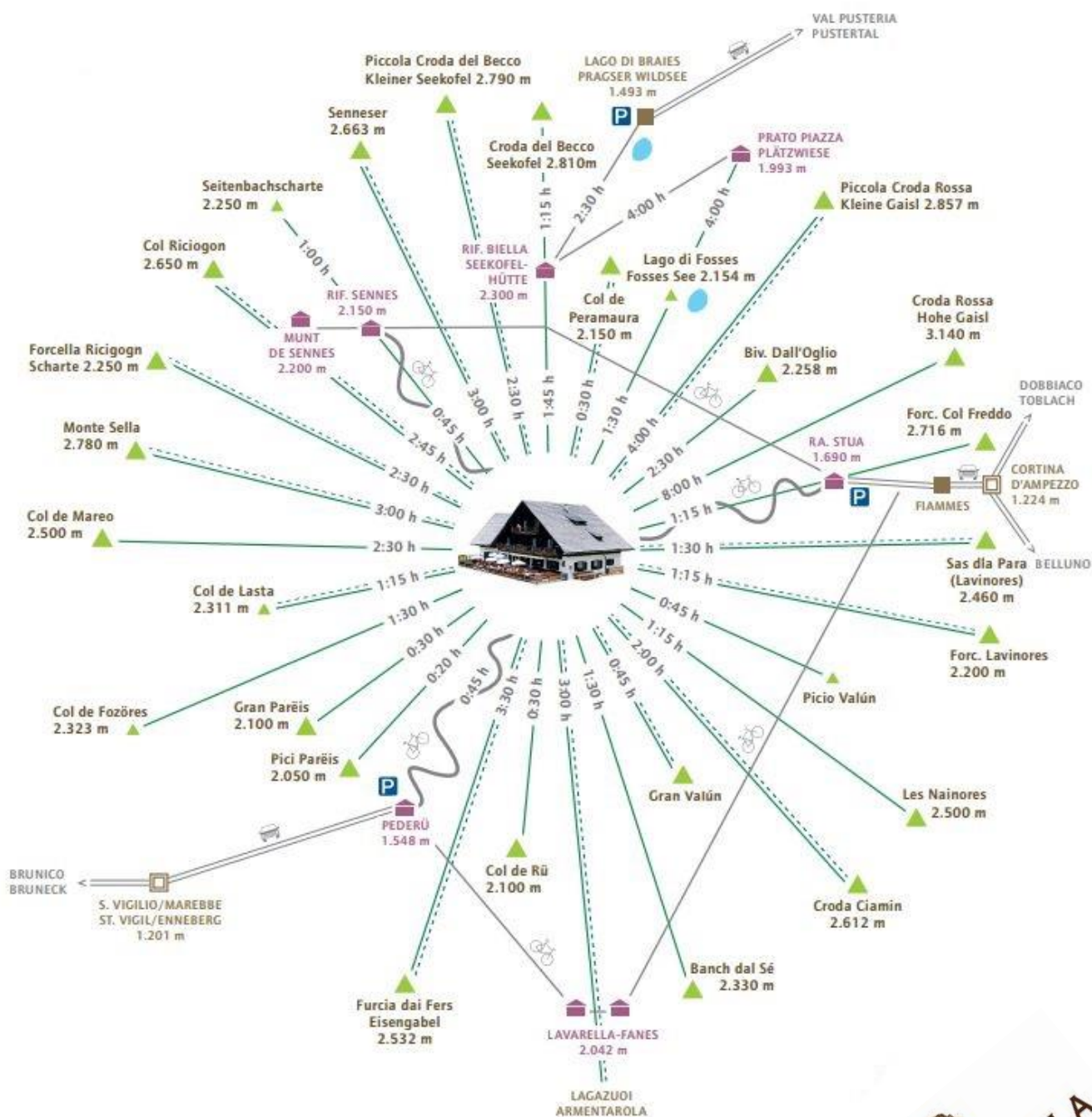
From the Fodara Vedla refuge a comfortable path – suitable for everyone – leads you eastwards to the mountain Sas dla Para. The slight ascent allows you to admire the beautiful environs. Along the way, you may have a look at the typical flowers and animals, such as edelweiss and chamois.

Monte Sella (Muntejela) 2780 m - 3h - 800m difference in altitude

Starting northwards from the Fodara Vedla refuge, a romantic hiking path among mountain pines and century-old trees leads you to the green basin Plan Pescü. Turning right, you can easily reach the mountain hut Munt de Senes. Proceeding alongside the Col de Fozöres, with little effort you arrive at the Col de Mareo, from where you can enjoy an impressive view on the Val di Rudo towards San Vigilio. After another hour's walk you can reach the peak of Monte Sella, where you will be rewarded with a magnificent panoramic view.

Croda del Becco (Sas dla Porta) 2810m - 3h 30min - 830m difference in altitude

From the Fodara Vedla refuge a comfortable hiking path leads you first through alpine pastures and mountain pines, then through an almost lunar scenery to the Rifugio Biella hut. From here, you start the proper climbing tour to the summit. From the top it almost seems as if you can dive into Lake Braies on the opposite side. Up here we are in the kingdom of the ibexes, who populated this area about 30 years ago.



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| Sentiero Wanderweg | Strada forestale Forstweg | Rifugio Schutzhütte |
| Escursioni sciistiche Skitouren | Strada Straße | Paese Dorf |
| Pista ciclabile Radweg | Parcheggio Parkplatz | Lago See |

FODARA VEDLA
UNESCO DOLOMITES REFUGE - 1980 M